

PIZZA & BREADSTICK DOUGH

(6 pouches)

Nutrition Facts

Serving Size: 1/8 Cup (34g) Dry
Servings Per Container: 8

Amount Per Serving	
Calories 120	Calories from Fat 0
% Daily Value*	

Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	

Cholesterol 0mg **0%**

Sodium 420mg **18%**

Total Carbohydrate 25g **8%**

Dietary Fiber 0g **0%**

Sugars 0g

Protein 3g

Vitamin A 0% • **Vitamin C 0%**

Calcium 2% • **Iron 8%**

*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram: Fat 9 • Carbs 4 • Protein 4

PIZZA SAUCE

(3 pouches)

Nutrition Facts

Serving Size: 1 Tbsp (7g) Dry
Servings Per Container: 8

Amount Per Serving	
Calories 20	Calories from Fat 0
% Daily Value*	

Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	

Cholesterol 0mg **0%**

Sodium 280mg **12%**

Total Carbohydrate 4g **1%**

Dietary Fiber 1g **4%**

Sugars 1g

Protein 1g

Vitamin A 2% • **Vitamin C 15%**

Calcium 2% • **Iron 0%**

*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram: Fat 9 • Carbs 4 • Protein 4

PIZZA CHEESE MOZZARELLA

(3 pouches)

Nutrition Facts

Serving Size: 1/4 Cup (14g) Dry
Servings Per Container: 8

Amount Per Serving	
Calories 70	Calories from Fat 25
% Daily Value*	

Total Fat 3g	5%
Saturated Fat 3g	15%
Trans Fat 0g	

Cholesterol 15mg **5%**

Sodium 135mg **6%**

Total Carbohydrate 1g **0%**

Dietary Fiber 0g **0%**

Sugars 0g

Protein 7g

Vitamin A 4% • **Vitamin C 0%**

Calcium 20% • **Iron 0%**

*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram: Fat 9 • Carbs 4 • Protein 4

ITALIANO MARINARA

(3 pouches)

Nutrition Facts

Serving Size: 1/2 Cup (70g) Dry
Servings Per Container: 4

Amount Per Serving	
Calories 240	Calories from Fat 15
% Daily Value*	

Total Fat 1.5g	2%
Saturated Fat 0.5g	3%
Trans Fat 0g	

Cholesterol 0mg **0%**

Sodium 1120mg **47%**

Total Carbohydrate 46g **15%**

Dietary Fiber 3g **12%**

Sugars 4g

Protein 9g

Vitamin A 6% • **Vitamin C 60%**

Calcium 6% • **Iron 10%**

*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram: Fat 9 • Carbs 4 • Protein 4

INGREDIENTS:

Bleached enriched flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid, enzyme), baking powder (sodium acid pyrophosphate, sodium bicarbonate, corn starch, monocalcium phosphate), sea salt, cream of tartar.

Contains allergen: Wheat.

INGREDIENTS:

Tomato powder, sea salt, onions, white cheddar cheese (cheddar cheese [pasteurized milk, salt, cheese culture, enzymes], salt, lactic acid, natural flavors, contains less than 2% silicon dioxide), modified food starch, sugar, garlic powder, tomato flakes, burgundy wine flavor (maltodextrin, modified corn starch, wine solids, corn syrup solids, malic acid, natural flavor, sorbic acid, sulfites, potassium sorbate), cheddar cheese powder (dextrose, maltodextrin, whey solids, natural and artificial flavor, corn starch, salt, silicon dioxide, guar gum, annatto, turmeric), natural orange color (annatto, beet juice), olive oil flavor (modified corn starch, maltodextrin, medium chain triglycerides, natural flavor, tricalcium phosphate), ground fennel, caramel color, basil, parsley flakes, Italian spice (garlic, onion, spices), natural flavoring, citric acid, oregano.

Contains allergen: Milk.

INGREDIENTS:

Mozzarella cheese (skim milk, cheese cultures, salt, enzymes).

Contains allergen: Milk.

INGREDIENTS:

Lasagna bits (semolina [wheat], niacin, iron [ferrous sulfate], thiamin mononitrate, riboflavin, folic acid), tomato powder, sea salt, onions, modified food starch, white cheddar cheese (cheddar cheese [pasteurized milk, salt, cheese culture, enzymes], salt, lactic acid, natural flavors [contains less than 2% silicon dioxide]), sugar, garlic powder, tomato flakes, burgundy wine flavor (maltodextrin, modified corn starch, wine solids, corn syrup solids, malic acid, natural flavor, sorbic acid, sulfites, potassium sorbate), cheddar cheese powder (dextrose, maltodextrin, whey solids, natural and artificial flavor, corn starch, salt, silicon dioxide, guar gum, annatto, turmeric), olive oil flavor (modified corn starch, maltodextrin, medium chain triglycerides, natural flavor, tricalcium phosphate), parsley flakes, Italian spice (garlic, onion, spices), basil, citric acid, natural flavoring, natural orange color (annatto, beet juice), caramel color, ground fennel.

Contains allergens: Milk and wheat.

FETTUCCHINE ALFREDO

(3 pouches)

Nutrition Facts

Serving Size: 1/2 Cup (69g) Dry
Servings Per Container: 4

Amount Per Serving	
Calories 300	Calories from Fat 100
% Daily Value*	

Total Fat 11g	17%
Saturated Fat 9g	45%
Trans Fat 0g	

Cholesterol 35mg **12%**

Sodium 890mg **37%**

Total Carbohydrate 41g **14%**

Dietary Fiber 2g **8%**

Sugars 5g

Protein 10g

Vitamin A 0% • **Vitamin C 2%**

Calcium 10% • **Iron 8%**

*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram: Fat 9 • Carbs 4 • Protein 4

ELBOW MACARONI

(2 pouches)

Nutrition Facts

Serving Size: 1/3 Cup (44g) Dry
Servings Per Container: 7.5

Amount Per Serving	
Calories 160	Calories from Fat 5
% Daily Value*	

Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	

Cholesterol 0mg **0%**

Sodium 0mg **0%**

Total Carbohydrate 33g **11%**

Dietary Fiber 2g **8%**

Sugars 1g

Protein 6g

Vitamin A 0% • **Vitamin C 0%**

Calcium 0% • **Iron 10%**

*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram: Fat 9 • Carbs 4 • Protein 4

CHEESE POWDER

(1 pouch)

Nutrition Facts

Serving Size: 2 Tbsp (14g) Dry
Servings Per Container: 15

Amount Per Serving	
Calories 50	Calories from Fat 10
% Daily Value*	

Total Fat 1.5g	2%
Saturated Fat 1g	5%
Trans Fat 0g	

Cholesterol 10mg **3%**

Sodium 470mg **20%**

Total Carbohydrate 7g **2%**

Dietary Fiber 0g **0%**

Sugars 7g

Protein 3g

Vitamin A 2% • **Vitamin C 0%**

Calcium 10% • **Iron 0%**

*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram: Fat 9 • Carbs 4 • Protein 4

INGREDIENTS:

Egg noodles (durum flour [wheat], eggs, glyceryl monostearate, niacin, iron [ferrous sulfate], thiamin mononitrate, riboflavin, folic acid), coconut creamer (partially hydrogenated coconut oil, corn syrup solids, sodium caseinate [a milk derivative], dipotassium phosphate, mono and diglycerides, silicon dioxide and soy lecithin), white cheese (cheddar cheese, [pasteurized milk, salt, cheese culture, enzymes], buttermilk, whey, salt and natural flavors [contains less than 2% silicon dioxide]), modified food starch, non-iodized salt, whey, sautéed mushroom stock (shiitake mushroom powder, maltodextrin, tapioca dextrin, salt, sunflower oil, natural buttermilk flavor, autolyzed yeast extract, soybean oil, yeast extract, soy sauce powder, onion, modified corn starch), sautéed onions (onion, soy sauce [soy, maltodextrin, salt], maltodextrin, yeast extract, buttermilk, natural flavor, sunflower oil, salt, chili pepper, less than 2% silicon dioxide for anti-caking), lactic acid, garlic powder, natural flavoring, parsley flakes, xanthan gum, vegetarian chicken base (maltodextrin, hydrolyzed corn protein, salt, corn starch, sugar, onion and garlic powder, spices [including parsley]), extractives of turmeric, silicon dioxide added to prevent caking).

Contains allergens: Egg, milk, soy and wheat.

INGREDIENTS:

Elbow macaroni (wheat flour, niacin, ferrous sulfate (iron), thiamin mononitrate, riboflavin and folic acid).

Contains allergens: Wheat.

INGREDIENTS:

Cheese powder (whey, buttermilk solids, granular and cheddar cheese [pasteurized milk, cheese culture, salt, enzymes], whey protein concentrate, salt, sodium phosphate, citric acid, yellow 5, yellow 6, lactic acid, enzyme).

Contains allergen: Milk.