

Chocolate Morning Moo's

Nutrition Facts

Serving Size: 3 1/2 Tbsp (35g) Dry
 Servings Per Container: 57

Amount Per Serving

Calories 140 **Calories from Fat 35**

% Daily Value*

Total Fat 3.5g **6%**

Saturated Fat 3.5g **16%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 170mg **7%**

Total Carbohydrate 26g **9%**

Dietary Fiber less than 1g **3%**

Sugars 21g

Protein 2g

Vitamin A 10% • **Vitamin C 0%**

Vitamin D 25% • **Riboflavin 2%**

Calcium 6% • **Iron 2%**

*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram: Fat 9 • Carbs 4 • Protein 4

CAN MAKES APPROXIMATELY 3 1/2 GALLONS.

MIXING DIRECTIONS:

(Stir before use. Some settling may occur.)

- Using the chart below, dissolve indicated amount of dry product in corresponding volume of warm water. Mix in a pitcher or blender until dissolved.
- Add cold water up to desired quantity and chill in a closed container before serving.
- Proportions may be altered to suit individual taste.

DESIRED AMOUNT	VOLUME DRY PRODUCT	VOLUME WARM MIXING WATER	VOLUME COLD MIXING WATER
1 Cup (8 oz)	3 1/2 Tbsp	1/2 Cup	1/2 Cup
1 Quart	3/4 Cup Rounded	1 Cup	3 Cups
2 Quarts	1 3/4 Cups	2 Cups	6 Cups
1 Gallon	3 1/2 Cups	1 Quart	3 Quarts

INGREDIENTS: Sugar, creamer (coconut oil, corn syrup solids, sodium caseinate [a milk derivative], dipotassium phosphate, sugar, mono and diglycerides, polysorbate 80, sodium silicoaluminate, tetrasodium pyrophosphate, soy lecithin), nonfat dry milk, dutched cocoa (processed with alkali), sweet whey, natural cream flavor (maltodextrin, natural cream flavor), salt, carrageenan gum, xanthan gum, cellulose gum, vitamin A, vitamin D.

CONTAINS ALLERGENS: Milk and soy.

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